Student Injury and Sickness Insurance Plan for the 2012-2013 Academic School Year

Designed Especially for the Students of



Non-Renewable One Year Term Insurance Limited Benefit Plan. Please Read Carefully. Blanket Accident and Health Policy.

PRE-EXISTING CONDITION EXCLUSION

CONDITIONS DIAGNOSED, TREATED OR RECOMMENDED FOR TREATMENT WITHIN THE 12 MONTHS PRIOR TO THE INSURED'S EFFECTIVE DATE UNDER THE POLICY MAY NOT BE COVERED IMMEDIATELY.

Important Student Health Insurance Information.

Your student health insurance coverage, offered by UnitedHealthcare Insurance Company may not meet the minimum standards required by the healthcare reform law for restrictions on annual dollar limits. The annual dollar limits ensure that consumers have sufficient access to medical benefits throughout the annual term of the policy. Restrictions for annual dollar limits for group and individual health insurance coverage are \$1.25 million for policy years before September 23, 2012; and \$2 million for policy years beginning on or after September 23, 2012 but before January 1, 2014. Restrictions on annual dollar limits for student health insurance coverage are \$100,000 for policy years before September 23, 2012 and \$500,000 for policy years beginning on or after September 23, 2012, but before January 1, 2014. Your student health insurance coverage puts a policy year limit of 100,000 that applies to the essential benefits provided in the Schedule of Benefits unless otherwise specified. If you have any questions or concerns about this notice, contact Customer Service at 1-800-505-4160. Be advised that you may be eligible for coverage under a group health plan of a parent's employer or under a parent's individual health insurance policy if you are under the age of 26. Contact the plan administrator of the parent's employer plan or the parent's individual health insurance issuer for more information.



Welcome to UnitedHealthcare StudentResources

Good Health is vital to keeping your academic career on track, and health insurance plays a key role against unexpected illness or injury. But you may think that health insurance is too expensive for your financial situation or too complicated to make it worthwhile. Think again. Your institution is working with UnitedHealthcare **Student**Resources to provide you with straightforward, essential health care benefit coverage.

- Receive Basic Coverage for most major services, including pharmacy, hospitalization and psychotherapy services.
- Obtain online health information and benefit plan management tools anytime and anywhere on <u>www.insuranceforstudents.com</u>.

Who is eligible?

All international students, law, and graduate students taking 6 or more credit hours (or 3 or more credit hours in the Summer) are eligible to enroll in this insurance Plan. Eligible students who do enroll may also insure their dependents. Eligible dependents are the student's spouse and dependent children under the age 26.

How do I Enroll?

To sign up for the insurance Plan and to complete the enrollment process, please visit <u>www.insuranceforstudents.com</u>.

Collegiate Assistance Program

Insured Students have access to nurse advice, health information, and counseling support 24 hours a day by dialing the number listed on the permanent ID card. Collegiate Assistance Program is staffed by Registered Nurses and Licensed Clinicians who can help students determine if they need to seek medical care, need legal/financial advice or may need to talk to someone about everyday issues that can be overwhelming.

Find a Doctor, Hospital, or Lab

The Preferred Provider network for this plan is the United Healthcare Choice Plus. Preferred Provider can be found using the following link, <u>www.insuranceforstudents.com</u>.

Scholastic Emergency Services

Through participation in the insurance plan each Insured Person has access to emergency medical assistance services when traveling 100 miles or more from campus, permanent home or around the world. Services are available 24 hours a day, 365 days a year, and meet or exceed the United States J-1 visa requirements for international students. International students, insured spouse, and insured minor child (ren) are eligible to receive SES worldwide except in your home country.

Key features of the program:

- No pre-existing conditions or territorial exclusions
- Worldwide network of pre-qualified medical providers
 Operations Centers with immediate world-wide response capabilities
- "Out-of-Area" medical problems alleviated
- Key services include:
 - Evacuation
 - Repatriation
 - Return of Mortal Remains
 - Medical Consultation, Evaluation and Medical Referrals
 - Foreign Hospital Admission Guarantee
 - Critical Care Monitoring
 - Prescription Assistance
 - Emergency Message Transmission
 - Care of Minor Children, left unattended due to medical incident
 - Emergency Trauma Counseling
 - Legal and Interpreter Referrals
 - Lost Luggage or Document Assistance

For more information go to www.assistamerica.com.

Pharmacy Benefits

At UnitedHealthcare **Student**Resources our goal is to provide you with access to the medications you need and to provide you with the tools that will help you make informed decisions regarding medications. Our national retail network includes more than 60,000 pharmacies, with national and regional chains and many local independent pharmacies. You may receive your prescription drugs for a copayment when using a participating pharmacy.

To get prescription drug information go to <u>www.insuranceforstudents.com</u>, or call 1-877-417-7345.

On-Line Services

The Insurance for Students web site is your on-line gateway to a broad range of tools and services. Once you have enrolled, simply register to receive access to your personal health benefits information. Just a few clicks will take you directly to the information you need to:

- Verify your eligibility
- Confirm that a claim has been received, is being processed or was paid
- Order a replacement ID card, or print a temporary ID card
- Search for a network physician or hospital
- Find health information on hundreds of health topics, medical conditions and related procedures.

Rates	Annual	Fall	Spring/Summer
	8/20/12 - 8/19/13	8/20/12 - 1/08/13	1/09/13 - 8/19/13
Student	\$2,070.00	\$ 821.00	\$1,290.00
Spouse	\$5,692.00	\$2,259.00	\$3,547.00
Each Child	\$3,017.00	\$1,197.00	\$1,880.00

To Learn More: Go to <u>www.insuranceforstudents.com</u> or Call 1-800-356-1235

SCHEDULE OF BASIC MEDICAL EXPENSE BENEFITS		
Injury and Sickness Up to \$250,000 Maximum Benefit Paid As Specified Per Insured Person, Per Po Deductible Preferred Provider: \$250 Per Insured Person, Per Policy Year / Deductible Out-of-Network: \$500	licy Year) Per Insured Person, Per Polic	xy Year
Coinsurance Preferred Provider: 90% except as noted below / Coinsurance Out-of-Network: 70 Out-of-Pocket Maximum Preferred Providers \$3,500 Per Insured Person, Per Policy Year / Out-of-Pocket Maximum Out-of-	% except as noted below	
The Preferred Provider for this plan is UnitedHealthcare Choice Plus. If care is received from a Preferred Provider any Covered Medical Expenses will be paid at the Preferred Provider level of benefits. If a preferred provider is not available in the Network Are Covered Medical Expense is incurred due to a Medical Emergency, benefits will be paid at the Preferred Provider level of benefits. In all other situations, reduced or lower benefits will be p	a benefits will be paid at the level of ben rovided when an Out-of-Network provide	efits shown as preferred provider Benefits. If there is used.
Preferred Provider Services: After the preferred provider deductible has been satisfied, covered medical expenses incurred at a preferred provider will be paid at 90% of preferred allowance reached, additional covered medical expenses will be paid at 100% of preferred allowance up to the maximum benefit.		
Out-of-Pocket Maximum: After the Out-of-Network deductible has been satisfied, covered medical expenses incurred at an Out-of-Network provider will be paid at 70% of Usual and Custom has been reached, additional covered medical expenses will be paid at 100% of Usual and Customary charges up to the maximum benefit.		
has been reached, additional covered medical expenses will be paid at 100% of Usual and Customary charges up to the maximum benefit. Note: Per service Copays, Deductibles, and non-covered Medical Expenses do not count towards meeting the out of pocket maximum.		
The benefits payable are as defined in and subject to all provisions of this policy and any riders or endorsements thereto. Benefits will be paid up to the Maximum Benefit for each service	as scheduled below.	
PA = Preferred Allowance U&C = Usual &	Customary Charges	
INPATIENT	Preferred Providers	Out-of-Network Providers
Room and Board Expense, daily semi-private room rate when confined as an inpatient; and general nursing care provided by the Hospital.	90% of PA	70 % of U&C
Intensive Care	90% of PA	70 % of U&C
Hospital Miscellaneous Expense, such as the cost of the operating room, laboratory tests, x-ray examinations, anesthesia, drugs (excluding take home drugs) or medicines, therapeutic services, and supplies. In computing the number of days payable under this benefit, the date of admission will be counted, but not the date of discharge.	90% of PA	70 % of U&C
Routine Newborn Care, while Hospital Confined; and routine nursery care provided immediately after birth for an Inpatient stay of at least 48 hours following a vaginal delivery or 96 hours following a cesarean delivery. If the mother agrees, the attending Physician may discharge the newborn earlier.	Paid as any other Sickness	
Physiotherapy	90% of PA	70 % of U&C
Surgeon's Fees, If two or more procedures are performed through the same incision or in immediate succession at the same operative session, the maximum amount paid will not exceed 50% of the second procedure and 50% of all subsequent procedures.	90% of PA	70 % of U&C
Assistant Surgeon	90% of PA	70 % of U&C
Anesthetist, professional services administered in connection with inpatient surgery. Registered Nurse's Services private duty nursing care	90% of PA 90% of PA	70 % of U&C 70 % of U&C
Registered Nurse's Services, private duty nursing care. Physician's Visits, non-surgical services when confined as an inpatient. Benefits are limited to one visit per day and do not apply when related to surgery.	90% of PA 90% of PA	70 % of U&C
Pre-Admission Testing, payable within 3 working days prior to admission.	90% of PA	70 % of U&C
OUTPATIENT	Preferred Providers	Out-of-Network Providers
Surgeon's Fees, if two or more procedures are performed through the same incision or in immediate succession at the same operative session, the maximum amount paid will not exceed 50% of the second procedure and 50% of all subsequent procedures.	90% of PA	70 % of U&C
Day Surgery Miscellaneous, related to scheduled surgery performed in a Hospital, including the cost of the operating room; laboratory tests and x-ray examinations, including professional fees; anesthesia; drugs or medicines; and supplies. Usual and Customary Charges for Day Surgery Miscellaneous are based on the Outpatient Surgical Facility Charge Index.	90% of PA	70 % of U&C
Assistant Surgeon	90% of PA	70 % of U&C
Anesthetist, professional services administered in connection with outpatient surgery.	90% of PA	70 % of U&C
Physician's Visits, benefits are limited to one visit per day. Benefits for Physician's Visits do not apply when related to surgery or Physiotherapy. Physiotherapy, benefits are limited to one visit per day. See exclusion #27. Physiotherapy includes but is not limited to the following: 1) physical therapy; 2) occupational therapy; 3) cardiac rehabilitation therapy; 4) manipulative treatment; and 5) speech therapy, unless excluded in the policy. Review of Medical Necessity will be performed after 12 visits per Injury or Sickness.	100% of PA / \$25 Copay per visit 90% of PA	70 % of U&C 70 % of U&C
Medical Emergency Expenses, facility charge for use of the emergency room and supplies. Treatment must be rendered within 72 hours from time of Injury or first onset	100% of PA /	100% of U&C /
of Sickness. \$150 Copay/Deductible per visit is in addition to the policy deductible, waived if admitted. Diagnostic X-Ray Services	\$150 Copay per visit 90% of PA	\$150 Deductible per visit 70 % of U&C
Radiation Therapy	90% of PA	70 % of U&C
Laboratory Services	90% of PA	70 % of U&C
Tests and Procedures, diagnostic services and medical procedures performed by a Physician, other than Physician's Visits, Physiotherapy, x-rays and lab procedures. The following therapies will be paid under this benefit: inhalation therapy, infusion therapy, pulmonary therapy and respiratory therapy.	90% of PA	70 % of U&C
Injections	90% of PA	70 % of U&C
Chemotherapy Prescription Drugs, Mail order Prescription Drugs through UHPS at 2.5 times the retail copay up to a 90 day supply.	90% of PA UnitedHealthcare Network Pharmacy	70 % of U&C \$15 Deductible per prescription for generio drugs
	(UHPS) \$15 Copay per prescription for Tier 1 / \$35 Copay per prescription for Tier 2 / \$70 Copay per prescription for Tier 3 up to a 31-day supply per prescription.	\$35 Deductible per prescription for brand name
OTHER	Preferred Providers	Out-of-Network Providers
Ambulance Services	90% of PA	90 % of U&C
Durable Medical Equipment, a written prescription must accompany the claim when submitted. Benefits are limited to the initial purchase or one replacement purchase per Policy Year. Durable Medical Equipment includes external prosthetic devices that replace a limb or body part but does not include any device that is fully implanted into the body. (\$1,000 maximum Per Policy Year) (Durable Medical Equipment benefits payable under the \$1,000 maximum Per Policy Year are not included in the \$250,000 Maximum Benefit)	90% of PA	70 % of U&C
Consultant Physician Fees, when requested and approved by the attending Physician.	90% of PA	70% of U&C
Dental Treatment, made necessary by Injury to Sound, Natural Teeth only. (\$1,000 maximum Per Policy Year. Dental benefits are not subject to the \$250,000 Maximum Benefit.)	90% of U&C	90% of U&C
Substance Use Disorder Treatment, services received on an Inpatient and outpatient basis. Benefits are limited to one visit per day.	Paid as ar	l y other Sickness
Mental Illness Treatment, services received on an Inpatient and outpatient basis. Benefits are limited to one visit per day.	Paid as any other Sickness	
Maternity, benefits will be paid for an Inpatient stay of at least 48 hours following a vaginal delivery or 96 hours following a cesarean delivery. If the mother agrees, the attending Physician may discharge the mother earlier.	Paid as any other Sickness	
Complications of Pregnancy	Paid as ar	ny other Sickness
Preventive Care Services, medical services that have been demonstrated by clinical evidence to be safe and effective in either the early detection of disease or in the prevention of disease, have been proven to have a beneficial effect on health outcomes and are limited to the following as required under applicable law: 1) Evidence-based items or services that have in effect a rating of "A" or "B" in the current recommendations of the United States Preventive Services Task Force; 2) immunizations that have in effect a recommendation from the Advisory Committee on Immunization Practices of the Centers for Disease Control and Preventior; 3) with respect to infants, children, and adolescents, evidence-informed preventive care and screenings provided for in the comprehensive guidelines supported by the Health Resources and Services Administration; and 4) with respect to women, such additional preventive care and screenings provided for in comprehensive guidelines supported by the Health Resources and Services Administration. No Deductible, Copay or Coinsurance will be applied when the services are received from a Preferred Provider.	100% of PA	70% of U&C
Diabetes Services, in connection with the treatment of diabetes.	Paid as any other Sickn	ess / See Benefits for Diabetes
Reconstructive Breast Surgery Following Mastectomy, in connection with a covered Mastectomy.	Paid as any other Sickness / See B	Benefits for Reconstructive Breast Surgery
include a contract of the second of the seco		ng Mastectomy

Schedule of Benefits (continued)

The Plan includes the following Mandated Benefits: Benefits for Emergency Services; Benefits for Temporomandibular Joint Disorder; Benefits for Cervical Cancer Screening; Benefits for Mammography; Benefits for Surveillance Test for Woman at Risk for Ovarian Cancer; Benefits for Colorectal Cancer Screening; Benefits for Prostate-Specific Antigen (DSA) Tests; Benefits for Reconstructive Breast Surgery Following Mastectomy; Benefits for Diabetes; Benefits for Anesthesia and Hospitalization for Dental Procedures; Benefits for Bone Mass Measurement; Benefits for Prescription Contraceptives; Benefits for Newborn Hearing Screening; Benefits for the Treatment of Lymphedema; Benefits for Hearing Aids.

Exclusions and Limitations

No benefits will be paid for: a) loss or expense caused by, contributed to, or resulting from; or b) treatment, services or supplies for, at, or related to:

1 Acne;

- 2. Acupuncture;
- 3. Allergy, including allergy testing; except as specifically provided in the policy;
- 4. Addiction, such as: nicotine addiction, except as specifically provided in the policy; and caffeine addiction; non-chemical addiction, such as: gambling, sexual, spending, shopping, working and religious; codependency;
- 5. Milieu therapy, learning disabilities, behavioral problems, parent-child problems, conceptual handicap, developmental delay or disorder or mental retardation; except as specifically provided in the policy;
- 6. Biofeedback;
- 7. Circumcision;
- 8. Congenital conditions, except as specifically provided for Newborn Infant or Adopted or Foster Child;
- 9. Cosmetic procedures, except cosmetic surgery required to correct an Injury for which benefits are otherwise payable under this policy or for newborn infant or adopted or foster child; removal of warts, non-malignant moles and lesions;
- 10. Custodial Care; care provided in: rest homes, health resorts, homes for the aged, halfway houses, college infirmaries or places mainly for domiciliary or Custodial Care; extended care in treatment or substance abuse facilities for domiciliary or custodial care;
- 11. Dental treatment, except for accidental Injury to Sound, Natural Teeth;
- 12. Elective Surgery or Elective Treatment;
- 13. Elective abortion;
- 14. Eye examinations, eye refractions, eyeglasses, contact lenses, prescriptions or fitting of eyeglasses or contact lenses, vision correction surgery or other treatment for visual defects and problems; except when due to a covered injury or disease process;
- 15. Flat foot conditions; supportive devices of the foot; fallen arches; weak feet; chronic foot strain; symptomatic complaints of the feet; and routine foot care including the care, cutting, and removal of corns, calluses, toe nails, and bunions (except capsular bone surgery);
- 16. Health spa or similar facilities; strengthening programs;
- 17. Hearing examinations, except as specifically provided in the Benefit for Newborn Hearing Screening or hearing aids, except as specifically provided in the Benefits for Hearing Aids; cochlear implants or other treatment for hearing defects and problems, except as a result of infection or trauma. "Hearing defects" means any physical defect of the ear which does or can impair normal hearing, apart from the disease process;
- 18. Hirsutism; alopecia;
- 19. Hypnosis;
- 20. Immunizations, except as specifically provided in the policy; preventive medicines or vaccines, except where required for treatment of a covered lnjury or as specifically provided in the policy;
- 21. Injury caused by, contributed to, or resulting from the use of alcohol, intoxicants, hallucinogenics, illegal drugs, or any drugs or medicines that are not taken in the recommended dosage or for the purpose prescribed by the Insured Person's Physician;
- 22. Services or supplies for the treatment of an Occupational Injury or Sickness which are paid under the North Carolina Workers' Compensation Act only to the extent such services or supplies are the liability of the employee, employer or workers' compensation insurance carrier according to a final adjudication under the North Carolina Workers' Compensation Act or an order of the North Carolina Industrial Commission approving a settlement agreement under the North Carolina Workers' Compensation Act;
- 23. Injury or Sickness outside the United States and its possessions, Canada or Mexico, except for Medical Emergency when traveling for academic study abroad programs, business, or pleasure;
- 24. Injury sustained while (a) participating in any intercollegiate or professional sport, contest or competition; (b) traveling to or from such sport, contest or competition as a participant; or (c) while participating in any practice or conditioning program for such sport, contest or competition;
- 25. Investigational services;
- 26. Lipectomy;
- 27. Outpatient Physiotherapy; except for a condition that required surgery or Hospital Confinement: 1) within the 30 days immediately preceding such Physiotherapy; or 2) within the 30 days immediately following the attending Physician's release for rehabilitation;
- 28. Voluntary Participation in a riot or civil disorder; commission of or attempt to commit a felony or fighting;
- 29. Pre-existing Conditions, except for individuals who have been continuously insured under the school's student insurance policy for at least 12 consecutive months. The pre-existing condition exclusionary period will be reduced by the total number of month that the insured provides documentation of continuous coverage under a prior health insurance policy which provides benefits similar to this policy provided the coverage was continuous to a date within 63 days prior to the insured's effective date under this policy. This exclusion will not be applied to an Insured Person who is under age 19.
- 30. Prescription Drugs, services or supplies as follows, except as specifically provided in the policy:
 - a) Therapeutic devices or appliances, including: hypodermic needles, syringes, support garments and other non¬medical substances, regardless of intended use, except as specifically provided in the Benefits for Diabetes;
 - b) Immunization agents, except as specifically provided in the policy; biological sera, blood or blood products administered on an outpatient basis;
 - c) Drugs labeled, "Caution limited by federal law to investigational use" or experimental drugs, except for drugs for the treatment of cancer that have not been approved by the Federal Food and Drug Administration, provided the drug is recognized for treatment of the specific type of cancer for which the drug has been prescribed in one of the following established reference compendia: (1) The U.S. Pharmacopeia Drug Information Guide for the Health Care Professional (USP DI); (2) The American Medical Association's Drug Evaluations (AMA DE); or (3) The American Society of Hospital Pharmacist's American Hospital Formulary Service Drug Information (AHFS-DI);
 - d) Products used for cosmetic purposes;
 - e) Drugs used to treat or cure baldness; anabolic steroids used for body building;
 - f) Anorectics drugs used for the purpose of weight control;
 - g) Fertility agents or sexual enhancement drugs, such as Parlodel, Pergonal, Clomid, Profasi, Metrodin, Serophene, or Viagra;
 - h) Growth hormones, except for a Newborn Infant, Adopted or Foster Child who requires growth hormones for the treatment of a congenital condition; or
 - i) Refills in excess of the number specified or dispensed after one (1) year of date of the prescription.
- 31. Reproductive/Infertility services including but not limited to: family planning; fertility tests; infertility (male or female), including any services or supplies rendered for the purpose or with the intent of inducing conception;
- premarital examinations; impotence, organic or otherwise; female sterilization procedures, except as specifically provided in the policy; vasectomy; sexual reassignment surgery; reversal of sterilization procedures; 32. Research or examinations relating to research studies, or any treatment for which the patient or the patient's representative must sign an informed consent document identifying the treatment in which the patient is
- to participate as a research study or clinical research study;
- 33. Routine Newborn Infant Care, well-baby nursery and related Physician charges; except as specifically provided in the policy;
- Preventive care services; routine physical examinations and routine testing; preventive testing or treatment; screening exams or testing in the absence of Injury or Sickness; except as specifically provided in the policy;
 Services provided normally without charge by the Health Service of the Policyholder; or services covered or provided by the student health fee;
- 36. Deviated nasal septum, including submucous resection and/or other surgical correction thereof; nasal and sinus surgery, except for treatment of a covered injury; except for treatment of chronic purulent sinusitis;
- 37. Skydiving, parachuting, hang gliding, glider flying, parasailing, sail planing, bungee jumping, or flight in any kind of aircraft, except while riding as a passenger on a regularly scheduled flight of a commercial airline;
- 38. Sleep disorders:
- 39. Speech therapy; naturopathic services;
- 40. Suicide or attempted suicide while sane or insane (including intentional drug overdose); or intentional self-inflicted Injury;
- 41. Supplies, except as specifically provided in the policy;
- 42. Surgical breast reduction, breast augmentation, breast implants or breast prosthetic devices, or gynecomastia; except as specifically provided in the policy;
- 43. Treatment in a Government hospital, unless there is a legal obligation for the Insured Person to pay for such treatment;
- 44. War or any act of war, declared or undeclared; or while in the armed forces of any country (a pro-rata premium will be refunded upon request for such period not covered); and
- 45. Weight management, weight reduction, nutrition programs, treatment for obesity, surgery for removal of excess skin or fat, except as specifically provided in the policy.

This plan is underwritten by UnitedHealthcare Insurance Company and is based on policy # 2012-201610-1. For a full description of coverage including cost, benefits, exclusions, any reductions and limitations and the terms under which coverage may remain in force, please refer to the plan brochure at <u>www.insuranceforstudents.com</u>. Non-Renewable One Year Term Insurance.

If you have any questions, please contact Customer Service at

1-800-356-1235 or <u>www.insuranceforstudents.com</u>.